

# Homeopathy

## The Houston Homeopathy Method™ for Autism Spectrum Disorders

Presented by:



7670 Woodway, Suite 340  
Houston, Texas 77063  
Phone: 713-572-0343

Website: [www.HomeopathyHouston.com](http://www.HomeopathyHouston.com)

**Cindy L. Griffin, HD(R.Hom.), DSH-P, D.I.Hom.**

**Lindyl L. Lanham, HD(R.Hom.), DSH-P, B.S. Sp.Ed.**

**Julianne Adams, DSH-P, B.A.**

**Jenice Stebel, DSH-P, D.I.Hom.**

**Lynn Rose Demartini, DSH-P, RN, LMT**

- **Sequential Homeopathy**
- **Homotoxicology**
- **Enderlein Therapy**
- **Gemmotherapy**
- **Parasite cleanse**

***Homeopathy Center of Houston***

**Cindy L. Griffin, HD(R.Hom.), DSH-P, D.I.Hom.**

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**Lynn Rose Demartini, DSH-P, RN, LMT**  
7670 Woodway, Suite 340  
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**713-572-0343**

## **The Houston Homeopathy Method™ FAQ Sheet**

**Q: *What is Homeopathy?***

**A:** Homeopathy is a non-invasive, systematic approach using tiny, dilute amounts of various substances to heal and/or relieve the symptoms of illness or injury. It is based upon the principle of “like treats like”. Example: A person suffering from poison ivy might be given a dilute, potentized homeopathic remedy that is made from poison ivy to treat their symptoms. Homeopathy works by moving the body to gently heal itself, using all the normal built-in healing mechanisms, rather than to try to fight a disease with a chemical or by manipulating the body to temporarily eliminate symptoms. The homeopath does not try to just eliminate symptoms, but seeks to find and resolve the causation of the problems for permanent health.

**Q: *Is homeopathy safe?***

**A:** Homeopathy has a 200 year completely clean record for safety. Homeopathic remedies are produced under international and FDA regulations for purity and safety. There is no record of any person ever dying or being permanently harmed from taking a homeopathic remedy, unlike conventional medications. Homeopathy has been used by many millions of consumers over the past 200 years. Many of the homeopathic remedies we use contain such minute amounts of chemical substances that there is no longer a chemically identifiable molecule remaining. Many remedies are available over-the-counter to consumers for self-limiting illnesses and conditions.

**Q: *You mention “The Houston Homeopathy Method™.” What is that?***

**A:** To create the Houston Homeopathy Method for ASDs™ we have integrated many different approaches to the use of homeopathic preparations for healing. They include sequential homeopathy as a framework for healing along a “time line,” plus Enderlein’s pleomorphic remedies, a form of isopathy to reduce pathogens in the body, complex remedy combinations according to Reckeweg’s homotoxicology for detox support, gemmotherapy phytotherapy remedies, as well as custom combination remedies we have found to be specifically helpful for each client’s individual needs. We have chosen the best of all approaches to homeopathy and applied them to speed healing and make the healing process as smooth as possible along the way. While many homeopaths may use only a single remedy or single approach, we have found that autism responds very quickly when we combine the best of the best for health and healing. The way we combine individualization and

**Q: *How are homeopathic remedies administered?***

**A:** Homeopathic remedies are administered in several different ways. Most remedies are provided either on sucrose globules, or lactose tablets. Some are in a liquid solution of water, or an 80% water/20% alcohol or glycerin solution. These are what we typically dispense. There are topical homeopathic remedies in non-allergenic salves or ointments that may be used directly on the skin for first aid.

**Q: *How can homeopathy help Autistic Spectrum Disorders?***

**A:** Homeopathy can help ASDs in many ways, such as:

- By stimulating the body’s immune system to heal itself

- By undoing the damage from vaccines and their components
- By stimulating the body's detoxification mechanisms for cleansing
- By gentle detoxification from heavy metals/toxic elements
- By rebalancing intestinal flora and fighting yeast overgrowth
- By rebalancing the pH in the gut, allowing an atmosphere for healing
- By stimulating the body to release trapped bacteria and viruses (i.e. those received through vaccines, or which have been repeatedly suppressed with anti-viral or anti-biotics) so they may be eliminated from cells of the intestines, brain, or anywhere else the body may be holding them.
- By stimulating the immune system to naturally resist disease
- By offering an alternative to drug suppression and side-effects through homeopathic treatment of acute, self-limiting diseases that may crop up.
- By crossing the "blood-brain barrier" to release toxins trapped in the brain cells.
- By supporting digestion and absorption

In the Houston Homeopathy Method™, we work one layer at a time to help wash the toxins out of the body that add to the problems of ASDs, and to undo the damage caused by vaccine reactions, antibiotic usage and other chemical drugs. We integrate additional remedies chosen according to homeopathic, pleomorphic and homotoxicology principles to get immediate help with some of the symptoms and behaviors that are problematic. We use deeper acting remedies that will do the long term healing and repair of the gut, the myelin sheath, the brain and all organs and systems. These aid digestion, balance brain chemistry and remediate physiological problems such as chronic ear or sinus infections, diarrhea, constipation, skin problems, and pain issues.

***Q: Does homeopathy help ADD, ADHD, PDD, Asperger's Syndrome or Sensory Integration problems, as well as just autism?***

***A:*** Yes. All of these problems are biomedical conditions caused by the same things as autism, just to a lesser degree of involvement. We have even worked with adults with former psychological diagnoses of "agoraphobia" or fear of being in crowds, or of leaving one's own home, using the same approach as we use for autism and found great improvement. It seems that many people have chosen not to leave their homes because their fears were actually sensory integration issues. They were overwhelmed by the outside environment in stores, crowds, etc. When we treated their gut inflammation (whether they knew they had it or not) their "fears" began to subside because they were no longer hypersensitive to their environment.

***Q: What is the difference between "Classical" and "Sequential" Homeopathy?***

***A:*** "Classical" or "constitutional" homeopathy is the basis of all homeopathic approaches, and is typically the only approach used by most homeopaths in the US. Classical homeopathy seeks to use a single, perfectly matched remedy as a means to address all the ills at once in a sick person, and to support their innate "constitution." Our viewpoint is somewhat different, though it begins with the basics of all homeopathy. We may use the person's classically chosen constitutional remedy near the end of our treatment, and for any residual ongoing problems. We view the current condition as a product of many events or "layers. There are layers to chronic illnesses, and blockages to healing, such as traumas and chemical toxins. Each layer should be individually addressed at the time it shows itself. This is where sequential homeopathy shines. Sequential Therapy, which is the organizing framework of The Houston Homeopathy Method™, is the brain-child of Jean Elmiger, M.D. He realized that many of the chronic illnesses he had tried to heal using classical homeopathic methods often had their onset shortly after a vaccination had been given. The more he practiced, the more he realized that entire syndromes could be attached to post-vaccine trauma. He began using homeopathic remedies made from actual vaccine serum to eliminate the negative effects from the body, with consistent, observable results. Sequential homeopathy uses classical homeopathy, plus Sequential Therapy, but adds even more. Sequential homeopathy uses more than one remedy, often several, to detoxify

chemicals and heavy metals, address physical traumas, emotional traumas, and chemical exposures and all aspects of any given situation in the past that may be contributing to current problems. The “sequence of events” is the guiding principle.

***Q: How long does it take to heal using the Houston Homeopathy Method™?***

**A:** Every case is individualized. That is the beauty of homeopathy. It also makes it difficult to say exactly how quickly any individual will respond to homeopathic treatment. Some symptoms will respond very quickly and dramatically, and others may take longer, depending upon how long a condition has lasted. The rule of thumb is about a month of healing for every year one has had a disease or set of symptoms. For children, often that is expanded somewhat, because we undo the damage of each set of “well child” vaccines individually. This is to allow time for each trauma related to that event to detoxify and heal. Most children will show improvement within the first two or three months, but to complete an entire life “timeline” depends upon other factors, including age, medications that require clearing away, etc. We usually anticipate young children will need about a year to a year and a half to get through their entire lifetime of events, then another year of less frequent visits to work through inherited toxins and hereditary predispositions. An adult usually takes 1-1/2 to 3 years, again, depending upon overall health, number of prescription drugs used, number of traumas in their life, and amount of chronic problems. During this time, however, health is improving all along the way.

***Q: Can homeopathy help chronic ear or sinus infections, allergies or asthma?***

**A:** YES! Homeopathy helps to break the cycle of “get a cold, get an infection, go on antibiotics, get off antibiotics, get the infection or the cold back.” Homeopathy can eliminate the yeast and heavy metals that are partially at the root of these constant infections. It can treat the current symptoms when and if they arise, and homeopathy can improve the immune system along the way to ultimately fight off the colds and toxicities that trigger these problems.

Allergies are an abnormal sensitivity to pollens, animal dander, foods molds and other things in life. These sensitivities are often caused because the body has too many toxins, especially mercury and aluminum, which become sealed into the body when we shut down the detox mechanisms of the runny nose and eyes by taking anti-biotics, anti-histamines or decongestants. With homeopathy, as the body learns once again to utilize those mechanisms and becomes less toxic, the allergies begin to subside.

Asthma is usually one of the final steps in a progression that is set in motion by aluminum and/or mercury toxicity. The progression often begins as dry skin or eczema, then progresses to chronic ear “infections” or fluid behind the eardrum, and finally as asthma. With sequential homeopathy and homotoxicology, as the toxic metals are removed, the asthma abates, then the ear infections disappear and the skin clears.

***Q: Can homeopathy work even if my child is taking regular drugs?***

**A:** Yes, however, some of the drugs may cause the remedies to work more slowly or with less efficiency than if the child were not taking the drugs. Homeopathy does not interact with allopathic drugs, but some drugs may interfere with the action of the homeopathic remedies. **No medications should be discontinued without professional supervision and advisement from the prescribing physician. Please advise your homeopath of current or past use of pharmaceutical drugs or chelation, as well as supplements currently in use.**

***Q: What if we don't live in Houston? Can you still help us?***

**A:** Absolutely! In fact, in all cases, we suggest that initials be done only by phone – it is a long time for any child, but for an autistic child, the 1-1/2 hour initial is often difficult. Additionally, you

have questions, and we have a great deal of information to pass on and discuss during this crucial first consultation, so usually it is best done via phone, or at least when the child is not present in the office. We would like occasional consults in our offices so we can observe behaviors and changes, but most of the time we handle the consults over the phone, and send remedies through the mail. Where an in-person consult is impossible, we ask that you send a videotape and photos of your child before the consultation so we can observe his/her behavior. Also, we have occasional outreach visits to various parts of the USA.

***Q: How often will we need to have appointments?***

**A:** We suggest that appointments be set every 3-4 weeks. This allows a much smoother healing process, as each layer surfaces, rather than jumping from crisis to crisis. Remember, the more frequently and regularly we see your child, the faster s/he can progress with healing. We do not recommend appointments more frequently than every 3 weeks, in order to allow each set of remedies time to fully act. Part of the reason for this natural rhythm may be that it takes approximately 3-4 weeks for the body to completely renew the lymph that is crucial to detoxification. As a disease of toxicity and viral overload, autism utilizes this important body "resource" very efficiently.

***Q: Is homeopathic treatment expensive?***

**A:** Homeopathic treatment is not as expensive as most conventional treatment. However, since it is not usually covered by medical insurance, it may seem expensive because we don't get "kickbacks" or insurance payments after the fact – the hidden costs you don't see in traditional medical care. Homeopathy is very time-intensive for the practitioner. The time of the actual consultation is only part of the time devoted by the homeopath to each individual case. Homeopathic remedies have a range of prices. Our office has chosen to price remedies individually, in addition to the consultation fee. This is because some clients require more remedies and some require less. We do not believe in penalizing those who require fewer remedies by having them pay for those who need more.

The national average for a homeopathic consultation is \$500-1500 for initials, and \$250-500 for follow ups, depending upon the experience and qualifications of the practitioner. This typically includes a single dose of a single remedy. We use multiple remedies, so we can address many levels of healing at one time, to provide as smooth and consistent healing experience as possible.

Our office charges \$325 for a 1-1.5 hour initial consultation. Follow up visits are typically 30 minutes long, and cost \$100. For most of our autistic spectrum children, an additional \$350-\$600 is typically the monthly cost of remedies. Many of our parents have spent much more than that on their children's drugs, chelation, dietary special items and supplements. As the child progresses, and during our course of action, typically we can eliminate the need for many drugs, which may interfere with the healing action of our remedies, and reduce the need significantly for supplements as the child begins to heal. This also ends up as a reduction in cost for the parents.

As homeopaths, most of our information comes during these interview-style consultations, not from medical testing procedures. This means that we will typically not require any testing ahead of time. This means that your money will go toward your child's healing, rather than for testing.

We have tried to keep our consultation costs as low as possible and only charge for those things truly necessary. We know that the care of a child with autism is costly, and we try very hard not to add undue burden.

Most autism biomedical specialist doctors typically charge between \$1000 and \$3000 for an initial appointment, which typically includes only the consultation fee. Many require testing at additional cost prior to seeing a child. Because we base our recommendations on your child's health,

history and symptoms, in our office most of your costs will go directly to remedies that directly meet your child's actual remedy needs.

***Q: Is homeopathy covered by my insurance?***

**A:** Because we are not medical doctors, most insurance will not cover our consultations due to the requirement for a diagnosis code. We do not diagnose, because we are not doctors, and can only provide a paid invoice. We cannot intervene with insurance companies. However, a few insurance companies are beginning to cover a portion of homeopathic consult fees if you are referred by a medical doctor, osteopath, chiropractor or other licensed medical provider. Check with your insurance provider. We cannot submit insurance claims through our office.

***Q: Is homeopathy covered under medical savings plans (Flex-plan)?***

**A:** Yes, homeopathic consultations are covered, but usually the remedies are not because they may be considered "over the counter" medicines. Please check with your human resource department or the IRS for the particulars. Usually we can help you estimate your annual costs fairly accurately so you can submit that estimate in early January of each year. Please inform us when you use flex plan so we may use special billing procedures that may be helpful to you.

***Q: How much testing will we have to do?***

**A:** Homeopathy depends on description, in great detail, of the symptoms, observation of the client, and subjective questioning in an interview type consultation. We do not require test results to be able to work with a client. However, certainly it is always your option to have other testing done with an outside source if there is a concern about a serious, invisible problem, or for a baseline and marker of objective symptoms.

***Q: Can we get testing through Homeopathy Center of Houston?***

**A:** HCH offers a limited number of test kits for some non-invasive metabolic testing through Genova Laboratories. We can order specific test kits and can bill you for them through our office. We usually have hair testing kits for toxic and nutrient elements on hand, but can order a limited number of other tests as you request them. We cannot interpret test results for you. We do not do any other testing through our office. You can work with your family doctor or we may be able to refer you to several DEFEAT AUTISM NOW!(DAN!)(R) doctors who work with our children frequently, who can order testing.

***Q: Have you ever seen test results reflect changes in the pathology?***

**A:** Yes. We have had one child recently who had several viral titers show very high before some specific homeopathic work. There were significant reductions in his viral load in several viruses, including measles & Hepatitis B, as well as improvement in markers that indicated increased immune function, after 5 months of homeopathic attention, and no anti-viral drugs or other allopathic treatments that would explain the difference. His symptoms improved during that time, in that when he had been ill before, he could not easily recover without antibiotics, and he was sick at the end of the timeframe and recovered with only minimal homeopathic treatment and no allopathic drugs. We have several with reduced vaccine titers, strep titers, etc., and are currently working on gathering more test data on other children in a "before and after" model.

***Q: Do homeopaths give diagnoses, prognoses, or special education labels?***

**A:** Homeopaths do not require, nor do they give a diagnosis or a label to work with your child's conditions. We observe and ask that you help us by observing and describing the child's symptoms, behaviors, activities, diet, etc. These are the tools of homeopathy. Prognosis is a term used for "predicting the outcome." As homeopaths, we cannot predict the outcome, but are

always willing to offer our ideas for what to expect, from our clinical experience. No one can accurately predict an ultimate outcome because every case is individualized. We can tell you what responses we have seen in similar cases. We at HCH do not believe in labeling children, because labels place psychological limitations on expectations.

**Q: *Is homeopathy “new age medicine” or “Eastern medicine?”***

**A:** Homeopathy is not “new age medicine.” It is a very scientific, safe medical system that holds answers to many modern age health problems. It is often lumped in with other holistic practices because it is holistic, meaning it attends to the whole person, both mind and body, emotional, mental and physical. But many “new age” practices are spiritual in nature, whereas homeopathy is scientific in nature. Homeopathy is not eastern medicine, either. It was developed 200+ years ago in Germany, by a German conventionally trained doctor, Samuel Hahnemann, MD. It is considered quite “mainstream” medicine in most countries of the world who are less under the spell of the AMA.

**Q: *What is DEFEAT AUTISM NOW!(DAN!)(R)?***

**A:** DEFEAT AUTISM NOW!(DAN!)(R) or Defeat Autism Now! is a consortium of practitioners (including medical doctors, osteopaths, chiropractors, homeopaths, naturopaths, psychologists, neurologists and others) who have realized that “ADD, ADHD, PDD, Asperger’s Syndrome, and Autism are not caused by a shortage of Ritalin®.” Through research and clinical practice, they all agree that the best and only answers to autism are NOT psychotropic drugs. They have created a protocol for the treatment of autistic spectrum disorders that includes nutrition, supplementation, homeopathy, chiropractic, cranial osteopathy, cranio-sacral and other alternative and supportive regimens for treatment of autistic spectrum disorders. A DEFEAT AUTISM NOW!(DAN!)(R) Practitioner signs an agreement not to turn to drugs as a first or best approach to treatment. DEFEAT AUTISM NOW!(DAN!)(R) conferences are held 2 times annually, along with mini-DEFEAT AUTISM NOW!(DAN!)(R) conferences, for informing parents and practitioners alike that AUTISM IS TREATABLE, and to update on new and promising alternative treatments and cutting edge (and often buried by the press) research information. DEFEAT AUTISM NOW!(DAN!)(R) is the practitioner/parent arm of Autism Research Institute. For more information, visit [www.defeatautismnow.com](http://www.defeatautismnow.com).

**Q: *Is your approach different from that of other Defeat Autism Now! (DAN!)(R)?***

**A:** Yes, and no. As with other Defeat Autism Now! (DEFEAT AUTISM NOW!(DAN!)(R)), we understand that autism spectrum disorders are physiological, with psychological and behavioral consequences. Also, just as the doctors of Defeat Autism Now!(R), we do not believe psychotropic drugs hold long-term solutions to autism. We are not medically licensed, so, though we understand and can use the research information about the causes behind and symptoms of autism, we are not able to prescribe ANY drugs, by law. This means we have had to become creative about how to implement as much of the DEFEAT AUTISM NOW!(DAN!)(R) protocol as possible. We have integrated many homeopathic combinations and approaches to gain healing, rather than suppression with drugs. It is now medically proven that many autistic children carry a very high viral load. The medical answers are suppression with antiviral drugs, and their side-effects. (By their own admission, the DEFEAT AUTISM NOW!(DAN!)(R) medical doctors know that suppression with drugs is still not the same as cure.) Homeopathy is able to do one thing that conventional medicine cannot. Homeopathy can stimulate the immune system to heal these chronic viral infections, sometimes in the form of a normal disease process, other times through elimination through sweat, stools or urine, meaning that the diseases carried in the gut and brain can now come to the surface, process and finally be eliminated from the system. By reducing the load on the immune system in this manner, the body can stop fighting the toxins and viruses in the cells, and reduce the inflammation, then it can respond to other diseases in a more normalized way. Frequently, ASD children have never run a fever. When their immune system

can respond to an invader, such as a cold or flu, with a fever, we know it is beginning to normalize.

The DEFEAT AUTISM NOW!(DANI)(R) protocol includes many nutritional supplements, which can give temporary improvements that can be profound. Unfortunately, until these children have spent many months, even years on them, whenever the supplemental regimen is halted, they often regress, because supplementation does not heal the causation, it merely replaces some of what is missing. We may use minimal supplementation briefly, while healing the underlying problems that have caused the various deficiencies, but homeopathy's aim is to heal those problems so that a missed supplement no longer creates havoc in the system. We strive to heal the system so that ultimately supplements and special diets are no longer necessary, except to provide what our food sources today don't provide in the way of nutrients.

***Q: Do we have to be on a special diet for homeopathy to work?***

**A:** No, you do not. If your child is already on a special diet and you have seen benefits, we don't suggest that you stop the diet. We may sometimes suggest some adjustments to the diet if we see any problems or in order to move toward a more alkaline pH in the body. That said, without a basically healthy diet, no health improvement method will work at its best. "Junk food" is an oxymoron – it's either junk or it's food! avoidance of additives, such as preservatives, food colors and artificial sweeteners and flavorings are always a plus, as well as limiting the amount of protein in order to maintain as alkaline a pH as possible through diet will actually serve to support the body with healthy fuel while the homeopathy is working to support it. A child who is living on wheat, dairy and fast food and junk food will not get maximum benefit from any healing approach, and can actually make it almost impossible to make improvements.

***Q: Do special diets interfere with homeopathy?***

**A:** No, they do not interfere with homeopathy. However, sometimes they can mask something that still needs healing. It is when a child grabs a piece of "typical" birthday cake and a scoop of ice cream or pizza at a friend's birthday party that can sometimes give us a gauge as to how much healing and rebalancing has happened, or is left for them to do. If there is little negative fallout from a dietary indiscretion, we know we've gotten good healing. If they fall apart, obviously we still have work to do.

***Q: Is there a long wait for an appointment?***

**A:** Typically we can set up initial appointments within a few weeks. We will set up your initial appointment upon receipt by mail of the intake forms and materials on the checklist. (NO FAXES, PLEASE – all signatures must be original, and much of the information can become too illegible and this initial information is too important.) Our forms are available on our website, at [www.HomeopathyHouston.com](http://www.HomeopathyHouston.com). Just click on the Client Forms and FAQs button to enter a page where all intake forms are located, as well as this FAQ. ***We cannot set up an initial appointment until we have received ALL of this basic information in our office.*** If you have a very limited number of times available, it could take longer to find a suitable appointment time, but we try very hard to accommodate when we can. You may wish to set up an appointment, but request a spot on our list for short-notice cancellations, if you can be flexible.

***Q: Is there a long wait to see a homeopath at Homeopathy Center of Houston?***

**A:** There is often a waiting list if you wish to see a particular practitioner, and it may take several weeks to months to have an appointment with one particular homeopath. However, all of our homeopaths use the same methods, remedies, and we have regular case conferences, so no matter who you see, you are in good hands. If you are not specifically tied to one particular

practitioner, you will be able to get an appointment sooner. Our waiting list time can vary greatly from a few days to several weeks to several months, again, depending upon your preference and flexibility.

***Q: Have you seen improvements in other children with autism?***

***A: We currently have over 35 children who are fully recovered from autism. We have many more who have recovered from ADD, ADHD, PDD-NOS, and Asperger's syndrome.*** We have seen consistently positive results in 75-80% of the children we have worked with monthly for a minimum of 5-6 months, if the parents are compliant, or there are no other factors that might detract from the efficacy of our method, such as combining it with other biomedical approaches simultaneously. We have become known for working with the children who have not been helped by anything else, and indeed, those often take longer. There are no guarantees with healthcare, as it is very individualized, and there are infinite variables. We must stress that results will not happen overnight. Autism is a complex disorder, and we must work on many different levels at once. True healing takes time, patience, and perseverance. The children who are the most profoundly affected take the longest to achieve progress, while those who have less severe issues, such as ADD or ADHD usually gain more immediate improvement. All include a few "bumps" along the path of healing, but when you understand the process of healing and detoxification, the bumps are signs of healing and detox, not permanent setbacks. Any time you are concerned, please call the office. We usually can tell you what symptoms or temporary regressions mean in terms of healing and detoxification, and where your child is on his/her timeline. At the moment, we have about 35 children who have been completely mainstreamed, with past diagnoses that included Asperger's, PDD, and Autism. We have many more who have lost their diagnoses of ADD, ADHD, Speech Delay and other Learning Disabilities, or who have had their diagnosis reduced to a less severe level.

***Q: What sorts of improvements do you see?***

***A:*** Usually the first improvements become noticeable in the area of better sleep, fewer tantrums, and are then followed by more eye contact, etc. For a child with bowel problems such as chronic constipation, diarrhea, or both alternating, we often see improvements there within the first several months. The longer we work with a child, the more improvement we see in the area of social skills, language, etc. Of course, every child is unique, every case has a different history, and much of what improves and how soon is dependent upon other medications the child is on, or has been on in the past, that may block the action of our remedies. We can clear these blockages and hindrances away, but again, that takes time. Also, if a child is already doing a lot of the DEFEAT AUTISM NOW!(DAN!)(R) protocol nutritional approach, and has benefited from it, it may actually take longer to see improvements directly attributable to the homeopathy. The response to homeopathy appears to be subtle in these cases, for the first few months, just because these children have already been through many detox protocols and made significant progress. Once a child has completed his homeopathic "timeline" and progress has occurred, frequently s/he can be gradually weaned off of the DEFEAT AUTISM NOW!(DAN!)(R) protocol supplements as well as homeopathic remedies.

***Q: What if I have questions or concerns about my child's homeopathic responses between appointments?***

***A:*** If you have a billing or scheduling question, our office staff will handle it during normal business hours. However, if you have a question about your child's remedies or responses to them, you may leave a message with our staff. If it is a brief answer, we can have one of our homeopaths respond to it through the staff for a minimal charge. However, if a consult is

required, our staff will advise you and schedule it and we will bill in 15 minute increments. This way, you have direct access to a homeopath without necessarily having to have a full consult. After hours, you may page one of our homeopaths – **for illness concerns only**. See below:

**Q: What if your office is not open and I have a health problem after hours?**

**A:** We have a pager that is available to **CURRENT CLIENTS ONLY**, 24/7 with one of our homeopaths at all times when our office is not open. We do not handle any potentially life-threatening situations, and you must call 9-1-1 or go to a hospital. However, non-serious, minor illness problems we will respond to, typically, within one hour, sometimes sooner, except in the rare circumstance of all of us traveling together on an airplane. Typically we will have only a few hours when we might all be traveling to a conference or some other event together when we may not have access to the pager on an airplane, but that case might happen 2 or 3 times per year, for a maximum of a few hours. We really do our best to meet your needs, have a professional available and keep everyone as comfortable as possible. If your child seems ill after hours, you must page us. If it is a general, or minimal problem that can wait until our next business day, please leave a voice message at our office and we will get back to you.

**Q: Can I use e-mail to contact my practitioner?**

**A:** Our only interest is your child's best interest. Therefore, **we must insist on not using e-mail for health issues**. We do NOT handle any health questions via e-mail for a number of reasons. If your child seems ill or is having problems between consultations, that is the worst way to contact us. Our travel schedules and technology combined make it almost impossible to count on e-mail for issues of health. We often go several days without checking e-mail. Additionally, if your child is having a problem, homeopaths work on specific information and there must be a back and forth, give and take conversation for us to responsibly determine a course of action. The only times we may use e-mail is for test results, photos of visible symptoms such as rashes, only if we request these during a consult, or similar non-critical pieces of information that we might request.

**Q: What if I have other questions?**

**A:** If you still have unanswered general questions, please check our website at [www.HomeopathyHouston.com](http://www.HomeopathyHouston.com). If this FAQ and the website don't answer your general questions, you may also join our Yahoo! Group™ online via the button on our webpage. This group is a public group operated by several of our current and recovered clients' parents for answering additional questions from those interested in working with us. Specific questions about your case are, of course, dependent upon our professional consultation. Please understand that our staff's focus must be on serving our current clients. We add

For more information about autism, vaccines, or homeopathy in general, please check the recommended reading list, following, as well.

### **RECOMMENDED READING**

Any vaccine information or autism book by Neil Miller

Vaccination? A Review of Risks and Alternatives, Isaac Golden, Ph.D.

A Case Against Immunizations, Richard Moskowitz, M. D.

When Your Doctor is Wrong: Hep. B and Autism, Judy Converse, M.P.H.

Unlocking the Mystery of Autism and PDD, Karen Seroussi

Everybody's Guide to Homeopathy, Cummings and Ullman

Ritalin-Free Kids, Judith Reichenberg-Ulman

Impossible Cure, Amy Lansky, Ph.D.

Natural Medicine Guide to Autism, Stephanie Mahron

Children with Starving Brains, Our stafflyn McCandless, M.D., Ph.D.

Treating Autism, Barnard Rimland, Ph.D.

A Shot in the Dark, Barbara Loe Fisher, Harris Coulter

Vaccination, Randall Neustedter

Beyond Flat Earth Medicine, Timothy Dooley, M.D., N.D., DHANP

Websites of interest:

Pleomorphism and Enderlein's theories, an excellent website is: [www.EuroAmericanHealth.com](http://www.EuroAmericanHealth.com).

Vaccine safety information or hot lots, as well as state by state exemptions for vaccines, and breaking news about vaccines, see [www.NVIC.org](http://www.NVIC.org), the National Vaccine Information Website.

DEFEAT AUTISM NOW!(DAN!)(R) and DEFEAT AUTISM NOW!(DAN!)(R) Conferences:  
[www.defeatautismnow.com](http://www.defeatautismnow.com).

Bird Flu information: [www.birdfluhype.com](http://www.birdfluhype.com)

For information on the Houston Homeopathy Method see our website:  
[www.HomeopathyHouston.com](http://www.HomeopathyHouston.com)

For intake forms to become a client, please click on the "Client Forms and FAQs" button on our home page and fill out the appropriate forms, mail them to our office, and we will contact you to set an appointment.

We hope this information packet has been valuable. Please feel free to share it with other parents of children with autistic spectrum disorders. Thank you for taking the time to research homeopathy for your child.